

THE MAY 50K

HOW TO RAISE YOUR FIRST R1000 IN THE MAY 50K

The best way to get donations is simply to ask. We've compiled a list of some of the people **YOU** can ask to support your challenge this May.

☐

R200

MUM/DAD

Simply for being your parents!

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R200

BROTHER/SISTER

As payback for stealing your food!

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R200

BESTIE

For having to put up with all their shenanigans!

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R200

COLLEAGUE

For keeping them sane at work!

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R200

FRIEND

For the coffee date you went on!