

A photograph of three people running through a forest with tall trees and autumn foliage. A woman in a yellow jacket is on the left, a man with a beard in a white and orange shirt is in the middle, and a woman in a white tank top is on the right. They are all smiling and appear to be enjoying their run.

**THE MAY 50K**

**WE'RE LEAVING OUR LIMITS BEHIND!**

**This May we are challenging ourselves to Roll, Walk, or Run 50km throughout the month, to raise vital funds for multiple sclerosis.**

**Please donate to our team fundraising page:**

